

# Meet: Schizoid!

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Each of us has met such mysterious characters: the hair is dismissed, the shabby is a costume, a suspended look and speech filled with frightening terms. All these are features of a schizoid type of personality. Perhaps you learned in this portrait yourself? Well, you have something to be proud of and on what to work.

Let's try to draw a portrait of a classic schizoid. A single, removed from the surrounding and figurative sense of the word. Glasses, hoods, books and headphones cut it off from a noisy world. The appearance of the schizoid does not give any value. Fashion does not bother him at all. Scattered and awkward, living inside, not outside, he "turns on" to life when it meets like-minded people or someone affects his themes. Here he can shine intellect and argue not for life, but to death. And God forbid you to bloom the nefple - you will immediately eat and fix it.

By the cons of this psychotip, varying, unimustitiousness, difficulty understanding the surrounding, diffuse, clumsiness and confusion of thoughts can be attributed. On the other hand, schizoids are dry or even wormful philosophers and experimenters, owners of the richest inner world, for the high fence of which you can see something ambitious. It is these people we are obliged to commit global discoveries and inventions. And they will more than once surprise us in the future. Representatives of this type are constantly studying or thinking about something, and they really like this process.

Tips for schizoida

Schizoids who can promote their ideas are excellent programmers, scientists, philosophers, writers and artists. You are unlikely to want to work as an actor or ballet dancer. But in science and creativity, the features of your personality can bring big fruits. Therefore, you need to learn how to make order in your thoughts, especially when you are going to share them in oral or writing.

If you are schizoid, then you will certainly have to start a diary and a diary. In the diary, start describing your feelings about the events taking place in your life, keep track of them, Meet them.

The diary helps to organize yourself. Make a plan for a day, week, month, put important events, meetings, events. Also, reminders of hygienic and cosmetic procedures will not damage.

Do not miss the various features of modern technology: alarm clocks, timers, reminders on the phone. On the walls split bright stickers. All this will help organize your life, which means that your strength will save for new discoveries and inventions.

Surely you already know that the spread of drinks on a tray is not your horse. Glasses and their contents are risking to be on the floor. To develop your motor abilities, train to fulfill ordinary household matters, look for ways to make daily routine processes as safe as possible for you and others. Hard, sharp, fragile or hot items tightly hold with two hands (use gloves or tags if necessary), do not climb over the book, getting onto a spinning chair, remove all extra obstacles from the road. Make your body plastic will help sports, especially dancing. You will find the courage to go to classes - excellent. You can not "disgust" - use the video materials from the Internet. Even the most ordinary morning charging will benefit you. For the development of shallow motility, grind knitting or

embroidery.

Relationships are not easy for you, and you are ready to refuse them at all. Rare attempts to acquire a company or family are encountered on failures and leave you in habitual loneliness. Working with its shortcomings will help you in dealing with others. Follow the standard rules of etiquette: do not insult, do not hurt, do not ridicule, do not show your superiority, let the interlocutor "save face".

Look for like-minded people and more often communicate with those who have around. Let people become an interesting object for observation. You need to find emotions in them, recognize them and try finding them yourself.

In order to make it easier for new acquaintances, pay attention to your appearance. All this is so insignificant compared to your new theory ... But it is hardly a pretty girl standing on the contrary, suspected of your genius. But the mint T-shirt and dirty shoes are noticeable from afar. You can stay away from fashion trends and brands, but the purity and adequacy of your dress and the situation are the necessary minimum. Best of all, if you seek help from a non-dishipid friend or seller of clothing in the store. Update your wardrobe and follow the user and the freshness of its contents.

Let's try to briefly formulate the secret of your success: you should learn how to attach a slim form to your invaluable thoughts and be a bit "closer to the people." Humanity will appreciate your merits.

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